

DISCERNMENT

(From Listening to Action)

Return to the larger group

Each small group briefly shares their **“We” perspective**, focusing on how they sense the Holy Spirit inviting them to respond.

Together as a BEC, identify **one simple “Move to Action”** to help the Word take root in daily life. For example:

- As a BEC or a parish, plan joint activities with our church ministries.
- As a BEC promote discipleship in our neighbourhood and place of work.

Intercessory Prayer

Facilitator invites all to voice short intentions, for example:

- *Lord, teach us to be witnesses of your mission to announce the good news of your Gospel to everyone around us.*

Response: “Lord, hear our prayer.” (R)

- *Lord, help us to open our eyes as missionary disciples with hope for a new beginning. (R)*

Closing Prayer

Lord Jesus Christ, you refresh us with your presence and you sustain us with your life-giving word. Show us how to lift the burden of others, especially those who lack the basic necessities of life, and to refresh them with humble care and service. Amen.



Closing Hymn:

You Are My All in All

You are my strength
when I am weak.
You are the Treasure that I seek.
You are my All in all.

Seeking You as a precious jewel,
Lord to give up I'd be a fool.
You are my All in all.

Chorus:

**Jesus, Lamb of God,
worthy is Your Name.
Jesus, Lamb of God,
worthy is Your Name.**

Taking my cross my sin,
my shame,
Rising again I praise Your Name.
You are my All in all. **(C)**

When I fall down you lift me up.
When I am dry You fill my cup.
You are my All in all. **(C)**

BECReflection

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH

A People for Missionary Discipleship

MONTHLY FOCUS & RATIONALE:



Being Missionary Discipleship

**“Go, therefore, and make disciples of all the nations,
baptizing them in the name of the Father,
and of the Son, and of the Holy Spirit”**

(Mt 28:19)

Missionary Discipleship is not the height of holiness but a depth of relationship. It is a journey of growing, knowing, serving Jesus and His Church, and one another more deeply. A disciple is someone who seeks to enter more deeply into his relationship with Christ, and lead others into their own relationship with Him.

ENCOUNTERING

Opening Hymn

I have decided to follow Jesus

1. I have decided to follow Jesus;
I have decided to follow Jesus;
I have decided to follow Jesus;
No turning back; no turning back.
2. If no one joins me,
still I will follow;
If no one joins me,
still I will follow;
If no one joins me,
still I will follow;
No turning back; no turning back.
3. The cross before me,
the world behind me;
The cross before me,
the world behind me;
The cross before me,
the world behind me;
No turning back, no turning back.

Opening Prayer

Lord, I pray that you would give me a heart for the lost, just as you gave to your disciples. Help me to be a fisher of men, sharing your love and truth with those around me and to those who do not yet know you. May my life be a testimony to your grace and may others come to know you through my actions and words. Help me to follow you with all my heart and to live out your teachings in my daily life. We ask this in Christ our Lord. Amen.

Pastoral Pathway

In recent years, the Church has been engaged in a rigorous conversation regarding synodality, emphasising the importance of listening to one another and accompanying individuals and families in the challenges they face. While this pastoral listening is indispensable, it remains incomplete if it is not coupled with the light of Truth. We wish to hear the struggles of the faithful, yet the only thing that can truly illuminate their path and bring about lasting transformation is properly delivered adult catechesis. If the adult members of a parish are not continually being formed, the entire community suffers a form of spiritual malnutrition. Without this ongoing formation, the laity cannot hope to fulfil their specific vocation of sanctifying the temporal order.

The challenge for the Malaysian Church is to move beyond a model of mere sacramental preparation and toward a model of lifelong missionary discipleship. We must move away from the notion that religious education ends with the Sacrament of Confirmation. If we wish to see our parishes transformed into missionary communities, we must first ensure that the adults who lead these communities are themselves deeply rooted in the Apostolic Tradition and the Magisterium of the Church.

Without a well-formed laity, the Church's ability to engage with our subsequent generations and with Malaysian society as a whole, our ability to give an account for the Christian hope that is within us, will remain severely diminished. It is time for us to heed the long-standing call of the universal Church, to elevate adult catechesis from a peripheral concern to the very heart of our mission.

Source: Sustained Adult Catechesis. Article by Deacon Prof Sherman Kuek OFS

SCRIPTURE

Luke 1:39-40

Mary set out and travelled to the hill country in haste to a town of Judah, where she entered the house of Zechariah and greeted Elizabeth.



DIALOGUING

(Conversation in the Spirit)

Form small groups of 4 to 6 persons. Observe one minute of silence between each round of sharing.

Round 1 – “I” Perspective

All are invited to share once only, for less than two minutes.
(No comments on others' sharing.)

Do I strengthen my relationship with others by collaborating through ministries?

(Thank each person after sharing. Observe one minute of silence.)

Round 2 – “You and I” Perspective

Participants respond to something they heard from another.

After hearing others:

- What are my key takeaways from others?
- (Observe one minute of silence.)

Round 3 – “We” Perspective

The facilitator invites the group to discern together.

- What is the Holy Spirit saying to our BEC about working together with other ministries?

(Thank each person after their sharing and observe 1 minute of silence before the next person continues)