

BEC



St. Catherine's



JANUARY ~ MARCH 2022
(3 months)

JAN ~ MAR 2022
(3 months)



BEC Activities

(JANUARY ~ MARCH 2022)

- ❖ As we begin the new year of 2022, we continue our faith journey as a living community, as best as we could, based on the 4 pillars of the early church by sharing, caring, praying and reaching out to each other.
- ❖ These are reflected as we encourage, engage & empower our BEC community by participating in the various devotion, prayer sessions, formation, talks and other spiritual exercise either as a community, as a family or on an individual basis in various general activities.

JAN ~ MAR 2022
(3 months)



General Activities

- ❖ Daily Catholic reflection ~ on-going daily affair. Based on Mass readings of the day, these reflections are shared in the BEC group chat by our CC Emily for personal reflection and spiritual growth of all members.
- ❖ Some members participated in the SIC Catholic Charismatic weekly Intercessory sessions on Zoom with specific weekly themes (Sharing the Word) with Praise and Worship.
- ❖ Members continue to keep in touch with each other in our main chat group with spiritual encouragement, greetings & motivational reflections on a daily basis.

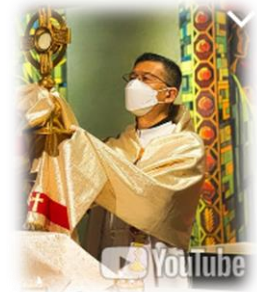


Other forms of formation and talks... attended by BEC members individually



❖ **Personal participation:**

- 1st Friday Sacred Heart devotions effective February.
- Holy Hour with Archbishop Julian on Thursdays.
- 1st Saturday Devotions to our Lady for 5 weeks effective 5th March.
- Vincent Nathan who conducted a series of talks under the title “The Precious Blood of Jesus” organised by SIC Catholic Charismatic Renewal Team 15th & 22nd February
- Talks by Jude Antoine for 5 nights on the theme “Navigating your wilderness”: from 2nd – 6th March
- Talks by Martin Jalleh – 24th February (God makes beauty out of ashes)



JAN ~ MAR 2022
(3 months)



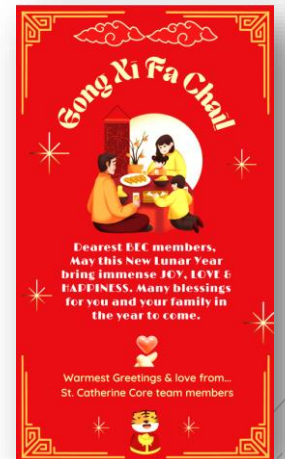
Specific activities /events for JANUARY



- ❖ **Prayers & condolence** to Helen on the passing of her uncle (who is the brother of her mother) i.e. **the late AP Stanley** who passed away in Seremban on the 8th January.
- ❖ **Core Team meeting** (2022 Planning activities) – 12th January
- ❖ **BEC Prayer meeting 26th January** – reflection on Christian Unity / incorporated the Liturgy of The Hours (Compline) into our reflection paper by Greg. *Hard copies of the reflection papers were distributed to the homes of elderly members.*
- ❖ **Google Meet or Zoom?** – Core will incorporate Google Meet as platform for online meeting and Zoom as an alternative.
- ❖ **St Mary's Orphanage Home @ Setapak** – kitchen caught fire (some members contributed cash or help to spread the word).
- ❖ **SIC e-calendar & hard copies** – was shared to our members via WA and copies given to most members.



JAN ~ MAR 2022
(3 months)



Specific activities / events for FEBRUARY (i)

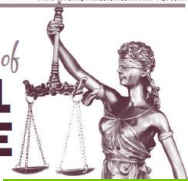
- ❖ Pilgrimage statute of our Blessed Mother was hosted by participating BEC members at their homes, w.e.f. from February.
- ❖ BEC e-newsletter (3rd edition – September to December 2021) was distributed via WhatsApp on 2nd February.
- ❖ CNY e-flyer / greeting card – was sent to all BEC members per courtesy of CC Emily.
- ❖ R.I.P. Anthony Lim (spouse of Evelyn Peterson) returned to our Lord. He passed away on 18th February. Some BEC Core members attended the wake on one of the days at his house. Funeral service was on 21st Feb. May his soul rest in peace.

PARISH PASTORAL SERVICES		BEC COORDINATORS 2022	
Baptism: Infants & Children Every last Sunday of the odd month at 4.45 pm. Instruction for parents & godparents on last Friday of every odd month at 8.15 pm			
Marriage Contact parish office at least 9 months in advance.			
R.C.I.A. Every Sunday at 8 pm – 10 pm	Shum Chan	016- 720 8992	
Sunday School Every Sunday at 9 pm – 10 pm	Shamus Sou	012- 941 2020	
Parish Coordinators			
Liturgical Ministry	Stephen Ho	016- 284 9000	
Catechetical Ministry	Dr. Peter Tsang	011- 2645 5380	
Family Life Ministry	Francis Cheung	012- 266 1222	
PHD Ministry	Ronald Ho	012- 305 2466	
Youth Coordinator	Rodney Ng	017- 287 4615	
Parish Pastoral Council			
Chairman: Andy Tan		012- 457 4067	
Parish Coordinating Council			
Chairman: Richard Lai		019- 323 1002	
Parish Finance Committee			
Chairman: Edward Sze Maria		017- 669 1870	
BEC Coordinating Team			
Chairman: Jo Lee		016- 238 9390	
Bethony Counseling Centre	Elze Lee	012- 367 0728	
SS1 St. Joseph	James S Devera	012 223 0941	
SS1 St. Stephen	Max Theodor	02 781 4216	
SS2 St. Faustine	Catherine Serna	012 255 0409	
SS2 St. Benedict	Bernice Wang	016 491 3138	
SS3 St. Catherine	Julia Chan	016 268 3109	
SS3 St. Jude	Emily Wong	016 231 0893	
SS3 St. Paul	Wai Hong	019 288 8022	
SS3 St. Peter	Celine Kroll	012 223 6875	
SS4 St. Joseph	Dr. Josephine Pui	019 228 9279	
SS4 St. Michael	Dinah Francis	019 222 2976	
SS4 St. Monica	Christine Baka	012 267 9026	
SS5 St. Anthony	Suzanne Koh	019 231 0132	
SS5 St. Anne	Christine P. Anglin	016 267 4288	
SS5 St. Joseph	Rachel Campos	01 842 5549	
SS5 St. John	Joan Chan	012 220 8099	
SS5 St. Mark	Michelle Tang	012 220 8197	
SS7 St. Alphonsus Liguori	Dr. Peter Tsang	011 2645 5380	
SS9	Ronald Ho	012 266 1222	
St. Thomas Holy Family			
St. Thomas Holy Family	James S Devera	012 223 0941	
St. John Holy Infant Jesus	Juliana Ho	012 268 8818	
St. Jozef St. Helena	Cynthia Leung	012 248 9059	
St. Jozef St. Immaculate	Sasha Lim	019 216 9611	
St. Joseph Archangel Gabriel	Francis Kwok	019 227 4889	
St. Luke	Ann Poon	012 272 8914	
St. Margaret	Angela Hui	012 272 8914	
St. Philip Neri	Ivy Poon	012 387 3972	
St. Peter	Sharon Chan	016 284 9000	
St. Rita Ave St. Anthony	Anna Maria	016 298 8246	
St. Rita Ave St. Paul	Sharon Wang	016 497 9961	
St. Rita Ave St. Joseph	Rich Lim Yik Chu	012 286 6237	
St. Rita Ave St. Michael	Debbie King	012 281 2882	
St. Rita Ave St. Francis Assisi	John Fortson	012 880 2049	
St. Rita Ave St. Francis	Becky Wong	019 289 8461	
St. Rita Ave St. John the Baptist	Rebecca Woo	016 285 1197	

JAN ~ MAR 2022
(3 months)

B&C Reflection
SALT OF THE EARTH AND LIGHT OF THE WORLD: COMMUNION, PARTICIPATION AND MISSION

World Day of
SOCIAL JUSTICE



Talented young BEC member making headlines – Alexander Augustine Paramanathan... took the bronze medal in the adults Light Feather division of the Brazilian Jiu Jitsu competition. Last December, he took the silver medal in the adults Rooster weight division. As a kid, he is making waves in the adult division.

Specific activities /events for **FEBRUARY (ii)**

BEC/FEB prayer gathering (23 Feb 2022)



- ❖ **What a scare!** ...when word got around that one of our members, Bro Cheong Fook (Daniel) “went missing from his home”!. Praise the Lord he was found, safe & sound within 24 hours
- ❖ **Participation on the “Sacred Story” Retreat** (Yours, St Ignatius & our Lord) conducted Bro Gerard Choo SJ 18th February – 20 February. Individual participation by CC.
- ❖ **BEC Prayer meeting** – reflection on “World day of Social Justice” by Michelle & Raphael on 23rd February over zoom.

JAN ~ MAR 2022
(3 months)



Specific activities /events for MARCH (i)

- ❖ **SIC Lenten project** – providing meals to our needy neighbour starting 4th March for 6 consecutive Fridays. St. Catherine (CC & family) prepared & cooked 78 lunch meals for Kg. Chempaka village on 25th March.
- ❖ **Home bound visit** – by Fr Lawrence to administer the Sacraments of Reconciliation & Anointing of Holy Oil, to 2 of our Senior members on 10th March (William & Juliana).





Specific activities /events for MARCH (ii)

Tween DJ enters Malaysia Book of Records

PETALING JAYA: The Malaysia Book of Records awarded Lawrence Anthony Paramanathan aka DJ Lollipop, the Youngest Disc Jockey (DJ) 166 at the Hangover 17 on March 12, 2022.
At 12-year-old, the seventh grade Cambridge IGCSE student is the first in Malaysia to attempt this feat and win. He spun for 90-minutes straight, incorporating three different mixing techniques using vinyl, digital vinyls, and MIDI controller for 30 minutes each, respectively. Today, not many DJs, young or old are well-versed in all three skills.
Lawrence told the *HERALD* that he learned to appreciate music from a young age as his father used to play music from

the 70s, 80s and 90s all the time. "My dad thought I may like D'ring, so he asked me to try out the Beginner's class with the option to stop if I didn't enjoy it." After two years at Dave Ramana's SoundControls DJ Academy, Lawrence has completed six courses – Beginner, Intermediate, Advanced, Live Mixing, Remix Production, and Turntablism and Scratching.
"I try and practice for at least an hour a day. My favorite genre to mix is soul music. I also incorporate other genres but it's harder to mix genres because the songs may not mix well. Besides Electro Dance, House, the 80s and 90s Hip-hop and disco, I mix Bollywood and Tollywood music.
Lawrence hopes to start mixing Canto-pop soon. Currently, he has 26 mixtapes on Mixcloud. (To listen, visit www.mixcloud.com/DJ_Lollipop-dj-lolipop-86-son-mix/)
Parents Kenneth Ravi and Alicia Maria Pereira said Lawrence had always been a feisty, restless kid who couldn't sit still for long, but when he discovered mixing music, he became very focused.
"At a young age he liked dancing, so we signed him up for Capoeira, a Brazilian martial art form, which he does till today. It helped but it's mixing that's carried him," said Alicia. Lawrence plays the harmonium and organ during his Capoeira sessions.
A pilot by profession, when Kenneth isn't flying, he scouts the Internet for new music and unique mixes and compiles them for Lawrence to listen to in his free time.
From the age of four, Lawrence, together with his elder brother Alexander Augustine and father, have been Brazilian Jiu-Jitsu practitioners, and regular participants at competitions.
One of Lawrence's dreams is to compete in the International Brazilian Jiu-Jitsu Federation in the United States, and the other is to become a music producer.
Active parishoners at the Church of the Assumption Petaling Jaya, the family recites the Rosary every morning on their way to school. "If Kenneth and I are caught in conversation and delay, Lawrence will interrupt with an 'In the name of the father ...', 'are you all ready?'
"The ritual that he is, how he loves Jesus

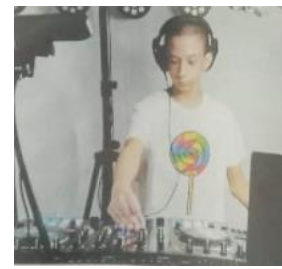


Lawrence Anthony Paramanathan proudly shows his award.
For a glimpse of Lawrence in action, go to <https://fb.watch/Md6Neyf/>



DJ Lollipop in his element, spinning tunes at a DJ console his parents set up in their home.

- ❖ Talented young BEC making headlines – at only 12 years old, Lawrence Anthony Paramanathan, became the youngest DJ (under the name of DJ Lollipop) to carve his name in the Malaysia book of records as a pre-teen DJ & was interviewed by Herald Malaysia.
- ❖ After this, Lawrence went on to make more waves by winning Gold in the teens Brazilian Jiu Jitsu competition while his elder brother (Alexander) continues his winning streak with a gold medal for the Rooster weight division.



Note: Our 2 BEC youths, Lawrence & Alexander (sons to Kenneth & Alicia Paramanathan) are indeed talented and the BEC wish to extend our congratulations to them and their parents.

JAN ~ MAR 2022
(3 months)



Specific activities /events for MARCH (iii)

- ❖ **R.I.P. Mary Lim** (mother of Emily & Raphael Bong) returned to our Lord on 13th March. BEC Core attended and led prayers during one of the wake. Funeral service was on 15th March. Some BEC members joined the 7 day prayers / rosary. May her soul rest in peace.
- ❖ **Lent season 2022 outreach** – Joining other BEC groups of SS3, St. Catherine members contributed cash for the Orang Asli Community in Muadzam Shah, Pahang . The “Well and Water tank” project supports 3 kampungs in the said area, enabling families to be in close community to share water for drinking, cooking and sustainable farming.
- ❖ **BEC Prayer meeting** –reflection paper on “Groundwater: Making the Invisible Visible” by Emily on 23rd March.



JAN ~ MAR 2022
(3 months)

ANOINTING of the SICK

Kindly contact the
respective churches

Assumption 03-77825854	Assunta & Beacon Hospitals
SFX 03-79565977 017-644 5686	University & Columbia Hospitals
SIC 03 78033512	D'sara, Kelana Jaya & Tropicana Med. C.
CDM 03-55691802	All hospitals in Shah Alam
STM 03-80245125	Sime & Sunway Medical Centres
OLOG 03 80621304	Puchong, Putrajaya & Serdang Hospitals

Anointing of the SICK:

For members who wish to contact the
respective churches in event of emergency,
please contact the following church offices.

However, all parishioners are encouraged to call
the priest/s earlier for this Sacrament of the
Anointing of the Sick and not wait till the last
minute.

