

SS 3 BEC - St. Catherine

ACTIVITIES for SIC website update

(YEAR 2019 ~ APRIL 2021)

BEC - ST. CATHERINE

Fashion on the spirit / model of the early church, we are:

Kerygma: We are a learning Church, focusing our growth in faith through the Sacred Scriptures

Koinonia: We are a community of Love and Fellowship (community living)

Eucharistia: We are a community centered on the Eucharist

Diakonia: We are a community filled with the Spirit of Service (service to the poor)



The main focus of our BEC is to build a living, vibrant and faith filled community, falling under the following areas :

- **Spirituality** - for spiritual sustenance & spiritual formation
- **Family Life** – an all-inclusive platform to engage & empower each member, catering to the different age or interest group within our BEC;
- **Outreach** - to respond to our vocation in the spirit of love and service

Under each focus group we shall strive to:

- **Spirituality:** To organise & encourage participation for the spiritual formation of each member via events and spiritual exercise organised by the BEC, the Parish or Archdiocese. Some examples are in the form of Adoration, Prayer Meets, Reflection papers, Rosary, Retreats, Pilgrimages (local / outstation / overseas) etc.
- **Family Life:** To have sub groups, catering for the different age group (interest / needs). This will allow members to network, to share, to care and to support each other for group synergy and spiritual empowerment. Some examples of these groups are “CANA” (**C**ouples **A**dvancement via **N**etworking & **A**ction) for married couples & YEAST (**Y**ahweh **E**mpowering **A**dults, **S**tudents & **T**eens) - an avenue for singles to come together and organise events and activities.
- **Outreach:** This platform is to enable members to respond to our vocation in love and service to the community – both internally and externally. An examples would be a ‘services corner’ (extending services based on our talents & giftedness) – where members can promote their services to other members within our community or outside our community.(This is akin to the ‘Business Fellowship’ model practiced by some Christian groups).We would also organise fund raising for internal use or for the marginalised via coffee morning, bazaar sale etc. This will also foster fellowship & team work.

SNAPSHOT

Activities ~ last 4 months

- ✓ **Our committee**: From the main Core of 4 office bearers, it was extended to 11, to include our Road Representatives who help cover 4 sections of total 14 roads.
- ✓ **Core Team members**: 5 (2 main core + 3 expanded Core) since November 2020.
- ✓ **Total prayer meetings**: 7 prayer meets led by CORE Team (4x Reflection paper & 3x Core meet).
- ✓ **Number of outreach**: 3 (1 internal & 2 external).

Families of SS3 BEC/ST. CATHERINE

<u>14 ROADS (Streets)</u>	<u>TOTAL FAMILY</u>
SS 3/1, SS 3/11, SS 3/13, SS 3/15	9 FAMILY
SS 3/28, SS 3/32	9 FAMILY
SS 3/34 & 3/36	8 FAMILY
SS 3/19, 3/21, 3/25, 3/40, SS 3/44, 3/80	13 FAMILY
TOTAL => 39 FAMILIES spread over 14 roads	

MONTHLY events (via Zoom)....

- **Monthly Reflection Paper gatherings (4x held)** = JAN, FEB, MAR & APR 2021 via Zoom. Attendance minimal (4~7 pax each meeting).
- **CORE meetings (3x held)** = JAN, FEB & APR 2021... whenever need to discuss important matters.
- **Proposals** = ongoing... Prayer gathering/ Activities e.g. 'One-Day Sales' / generous donations (among BEC members) to raise funds for charitable initiatives, needy, as and when needed with BEC team coordination.
- **MAY Rosary** = having 1x weekly Rosary with BEC members to cover all 4 Mysteries within the month.

PAST EVENTS & ADVENT CHEER 2020:

- ❖ Outreach / visit to all our BEC with a small “Gift of Love”.
- ❖ Christmas Video greeting - “reminiscing our Christmas caroling”.



2019 ~ Mar 2020 Events



Advent 2020 Give-Aways

Activity

Month of January 2021...

- ✓ 1st expanded CORE meeting.
- ✓ Reflection paper and prayer meet on virtual platform led by Asst. CC.
- ✓ Participated in joint CNY virtual greeting with 4 other BECs of SS3, under BECCOT arrangement.
- ✓ St. Catherine will propose more collaboration with our sister BECs of SS 3, on other spiritual exercise and outreach. Formation of the group chats involving the respective CCs.



Little Sisters of the Poor
(8 January 2021)

“Love Offering”

Outreach to Little
Sisters of the Poor ~
“Christmas + C.N.Y.”

*May The Lord bless you
and keep you
May The Lord make his face shine on you
and be gracious to you:
May The Lord turn his face toward you
and give you peace*



LITTLE SISTERS OF THE POOR
ST FRANCIS XAVIER'S HOME FOR THE ELDERLY
KUALA LUMPUR
Tel: 03-91311464
Email: lepklcol@gmail.com
Online donation: OCBC 7011196995

*Dear families of St Catherine BEC
St Ignatius Church*



*May this Year of the Golden Ox bring you fresh
beginnings and opportunities.*

*Wishing you and your loved ones a Very Blessed
and Happy New Year.*

*Little Sisters
& Residents*

Activity

Month of February & March 2021...

- ✓ 2nd CORE team meeting in **FEB**.
- ✓ Participated in a joint outreach to help the Orang Asli families build their homes (this project was proposed by St. Paul).
- ✓ One of our BEC family organized a 'Heaven-Lee' burger sales project and all proceeds were given to the Orang Asli Community (to rebuild their home).
- ✓ FEB & MAR: Reflection paper & prayer gathering on virtual platform led by Core CC, Secretary & their family respectively.



27 February 2021

A 'Heaven-Lee' burger sales project ...

Proceeds from the burger sales ...were donated to assist in the rebuilding of an Orang Asli's home @ 'KAMPUNG NORLEEDA', Tanjung Kelapa at Tasik Cini, Pahang.

1 March 2021

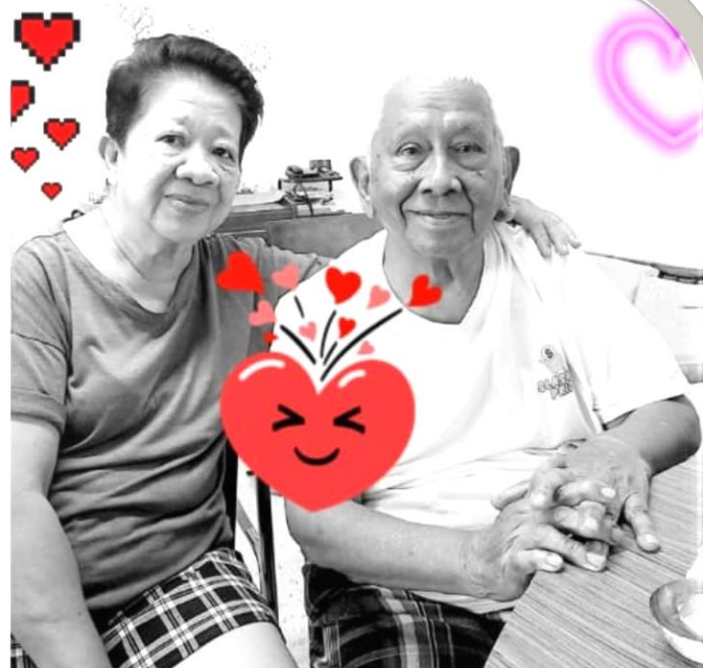


WORK STILL IN PROGRESS

On Your Anniversary

You have come a long way together,
You have walked in sunshine and
in shadows,
You have faced life's storms and
shared the rainbows,
You have climbed your mountains,
dreamed your dreams, faced your fears,
cried your tears, sung your songs and
reached for the stars.
You have done it all with faith and love
together,
And as you journey on to find tomorrow,
Go with love and always go with God.

HAPPY ANNIVERSARY



Happy 53rd
wedding
anniversary
and God bless
you...

Uncle William &
Aunty Juliana.

20.04.2021



ST. CATHERINE Feast Day... prayer, praise & worship

29 April 2021

with our SS3 BEC coordinators & members.

APRIL ACTIVITIES:

- ✓ 3rd CORE team meeting.
- ✓ Reflection paper & prayer meet on virtual platform led by Sheila & Reeta.
- ✓ St. Catherine Feast Day - pray, praise & worship.



❖ Our SPECIAL THANKS to...
FR. LAWRENCE for his greeting
& blessings, during the Feast of
St. Catherine 😊!



Proposed activities

2nd Quarter 2021...

- Rosary Month (1x weekly to cover all 4 Mysteries).
- Continuation ~ pilgrimage statue of our Blessed Mother (amongst our BEC core & members on a bi-weekly or monthly rotation). This is to encourage family rosary prayer in member's homes (either they pray within their family, or invite others to join or just invite Mother Mary to visit their homes).
- Exercise our Faith – walk with Christ.
- Zoom movie night.
- Monthly refectioin paper & Core team meeting.
- Intercessory virtual prayer room.

THE END